

Form for Confession
(Make the Sign of the Cross)

In the name of the Father, and of the Son and of the Holy Spirit, Amen.

Student: Bless me Father for I have sinned, it has been (*How Long*) since my last Confession, these are my sins.

Tell your sins to the priest.

Student: I am sorry for these and all my sins.

Father: *The priest will talk to you and give you a penance and then he will say:
Please say the Act of Contrition.*

Student: **My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good, I have sinned against you
whom I should love above all things.
I firmly intend, with your help, to do penance, to sin no more, and to avoid
whatever leads me to sin.
Our Savior Jesus Christ suffered and died for us.
In His name, my God, have mercy.**

Father: God, the Father of mercies, through the death and resurrection of His Son, has reconciled the world to Himself and sent the Holy Spirit among us for the forgiveness of sins; through the ministry of the church, may God give you pardon and peace and I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit.
(Make the sign of the cross as Father says the underlined words.)

Student: **Amen.**

Father: God bless you.